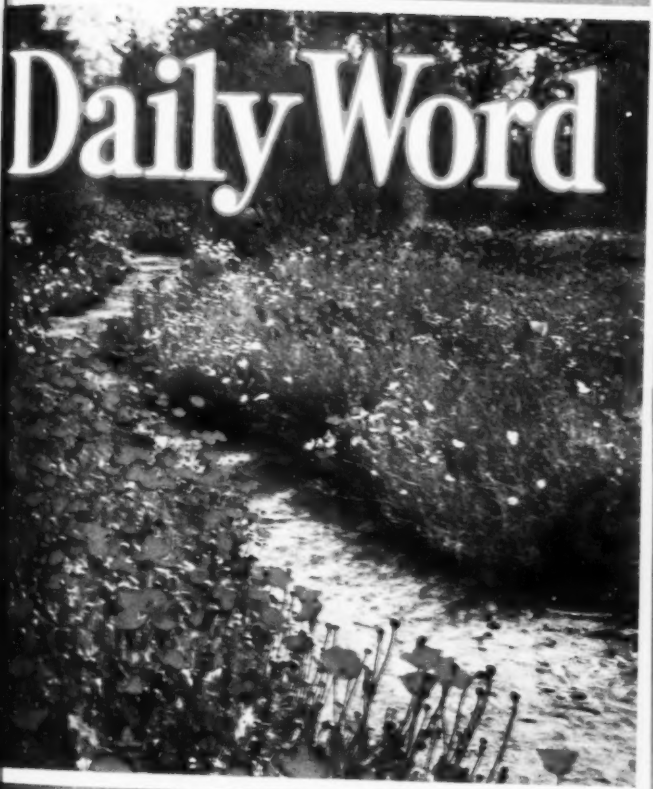
Daily Word



A UNITY PUBLICATION

JUNE 1956

Class Thoughts

PEACE . . . **Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.**

PRAYER FOR WORLD LEADERS: **Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind.**

•

ILLUMINATION (11 a.m.): **My mind is illumined because my vision is fixed on the light of Spirit within me.**

•

PROSPERITY (12 noon): **I am a mighty tower of strength and security in the realization that God is my unfailing resource.**

•

HEALING (9 p.m.): **I am a mighty tower of strength and stability in the realization that God is my health.**

DAILY WORD is nonsectarian. It is published monthly by UNITY SCHOOL OF CHRISTIANITY, LEE'S SUMMIT, MISSOURI. Single copies at 15c each. Braille subscriptions are sent free to the blind who are familiar with Grade 1½.

Entered as second-class matter, at the post office at Lee's Summit, Missouri. Accepted for mailing at the special rate of postage provided for in sec. 1103; act of Oct. 3, 1917, authorized June 13, 1924.

Unity School publishes the following periodicals; Unity, You, Weekly Unity, Good Business, Daily Word, and Unity Sunday-School Leaflet at $1 a year each, and Wee Wisdom at $2 a year. No additional postage charge for subscriptions to foreign countries.

DAILY WORD

Edited under the inspiration of Silent Unity

Vol. 64 JUNE, 1956 No. 6

In This Issue

We Believe in You—*Silent Unity* - - - - - - 2

Dear Friends - - - - - - - - - - - - 9

Meditation—*Georgiana Tree West* - - - - - - 8

Poems: I Am the Vine—*Pauline Moore Machamer* - - - - - - - - - - - - Center

Walking Is a Prayer—*Sig Paulson* - Back Cover

Cover in Color—Josef Muench

Center Photograph—H. Armstrong Roberts

DAILY LESSONS FOR JUNE

1. Faith
2. Satisfaction
3. Religions
4. Relaxation
5. Divine Order
6. Blessing
7. Dependence
8. Command
9. God's Will
10. Cheerfulness
11. Words
12. Freedom
13. Renewal
14. Diligence
15. Thankfulness
16. Gossip
17. Protection
18. Loving Spirit
19. Justice
20. Healing (Others)
21. New Creature
22. Prosperity
23. Changeless Spirit
24. Channel
25. Open Mind
26. Forgiveness
27. Healing
28. Kindness
29. Comfort
30. Calmness

We Believe in You

SILENT UNITY

PEOPLE write to Silent Unity in all kinds of needs. Of the thousands of letters that come to Silent Unity no two are alike. We recognize this as we reply to these letters; we think of each person as an individual. We think of each one who writes to us as we would think of a close relative or a dear friend. We begin most of our letters with the salutation "Dear Friend," and we mean it.

One of the most wonderful things that the Silent Unity work has taught us over the years is the greatness of the human spirit, the remarkable powers that lie in each individual, the strength and resiliency of the average person when confronted with what seem to be great or even insurmountable problems. We remember this as we read the letters that come across our desks, as we take the names of those who have requested prayers into our healing room.

If you should write us in despair, we will see

thanks for the power in you that is greater than

beyond the despair to the Spirit in you. This is what our answer to your letter will remind you of, this is what the prayer affirmation we send you will remind you of, this is what our prayers for you will remind us of. We know that the despair of the moment will pass; we know that the Spirit in you will rise up to remind you of things you have momentarily forgotten. There is that in you which never leaves you, there is an inner strength that cannot be depleted, there is an inner light that cannot go out. We believe this about you. We believe in you! Together as we pray we can take our stand in faith and prove how valid is our belief, how availing is prayer.

If you should write to us for prayers for healing, feeling perhaps that all other help has been exhausted, believing perhaps that there is no real help for your condition, our answer to you would remind you of what you really already know in your heart. It would remind you that there is a Spirit in you that is mighty in its healing power; it would remind you that the very cells of your body are filled with the life of God; it would remind you that God is life; and His will for you is life; that "with God all things are possible." The prayer we would send you to use with us would be an affirmation of life and strength and health. As we prayed with you we would give

If you were to write to us about your need for

thanks for the power in you that is greater than disease; we would give thanks that God's pure life is continually renewing and rebuilding, healing and restoring your body. We believe in life and health because we believe in God. We believe that every condition can be healed, because we believe that God's Spirit of life dwells in every living creature.

If you were to write to us about your inability to get along with other persons, if you were to tell us how unhappy your life is, how you feel out of step with your family and associates, our reply to you would remind you of the loving Spirit of God that is in you, the prayer we would ask you to use with us would remind you again and again of the wonderful Spirit that is in you, the Spirit that quickens a loving heart in you, the Spirit that creates a new attitude in you, the Spirit that flows through you as love and understanding; the Spirit that binds you close to all the rest of the human family. As we prayed for you we would see you as God sees you, His own beloved child, we would see you emerging from the prison of self-centeredness or fear, emerging into a new, joyous, happy, harmonious life. We believe in the loving, transforming Spirit in every person and we keep faith in this Spirit. We have seen miracles wrought through love!

the love of God, from the life of God. The prayer

If you were to write to us about your need for a home, a job, for money to pay your bills, our letter to you would remind you of the never-ending prosperity that comes to you from God. We would remind you, too, that prosperity does not come to you but through you. We would tell you that no matter what your particular need it would be met through the prospering power of God working through you. The prayer we would send you would remind you as you used it that God is the source of all supply, that He is with you, that there is never a need that is beyond His all-providing love. As we prayed with you we would see you opening your heart, your mind, and your life to new ideas of supply. We would give thanks that the rich ideas of Spirit were filling your mind and inspiring your words and thoughts and acts. We believe that God's will for all His children is abundance. We believe in the ability of every individual to lay hold of the good he needs through prayer and faith.

If you were to write to us from a grieving heart because of the passing of a dear one, our answer to you would remind you of that which you have always known, that life is eternal, unending, that death is not the end of life. Even in your grief something in you knows with a faith beyond question that death itself cannot separate us from

the love of God, from the life of God. The prayer we would send you would establish you in peace and understanding and renew your faith in the ultimate goodness of God, in the pattern and purpose that underlies all human experiences. We believe in life; we affirm life; we give thanks for life, unending, eternal, inexhaustible.

If you were to write to us about a dear one who needed help desperately, if you were at a loss as to how to help him, how to pray for him, our answer to you would remind you of the Spirit of God in that dear one, it would remind you that there are no desperate situations in God's sight, that the best help you can give to another is to keep your faith in God's Spirit in the midst of him. Our prayer would help you to see the one for whom you pray as a spiritual being, as having the power of God mighty in the midst of him. We would pray with you, believing—believing in the power that is greater than any human limitation or condition, believing in the perfect child of God in the one about whom you wrote us.

Whenever you turn to Silent Unity for help, whatever your need, however desperate you may feel, will you remember that we are here, your friends, and that we believe in you. We believe in you because we know that you have God's own Spirit in you. We believe that there is nothing im-

possible to you, because God is with you. We believe that there are potentialities in you beyond your hopes or dreams; we believe in you as you believe in yourself in your own inmost heart. We believe in you as God believes in you. We believe in you!

AN INVITATION
FROM SILENT UNITY

Have you ever needed help greatly but did not know where to turn? We extend to you a most loving invitation to call on Silent Unity.

For the past sixty years Silent Unity has been praying and working with people from every walk of life.

We do not believe that anything is impossible or incurable. We keep faith with all who call upon us, for we believe in the power of God and in the power of prayer, and we know that God never fails.

If you need us, feel free to call upon us at any time. We may be reached day or night by telegraph, Unity, WUX, Kansas City, Missouri, or by telephone, BAltimore 1-4720, Kansas City, Missouri, or by letter to Silent Unity, Lee's Summit, Missouri.

Meditation

GEORGIANA TREE WEST

HEAVENLY Father, I feel Thy presence within me and all around me, and I rest in the peace of Thy presence. Thou art omnipresent good; the one mind, the one life, the one law, all that eternally is.

Thy life is a wellspring of health and strength within me. Thy love is the law of my life, establishing me in peace and harmony. Thy wisdom illumines my mind and makes plain my way. Through Thy power I speak Thy word of good and so create my good. I am like unto Thee because Thou hast given me of Thy Spirit.

I have faith in Thy Spirit in all men. I have faith that Thy Spirit in world leaders makes them instruments of Thy thought and Thine activity, working for the good of all humanity. I have faith that through Thy Spirit in men everywhere, permanent peace is now being established in the name and through the power of Jesus Christ.

I rest now in this understanding, feeling the peace of Thy presence within me and all around me.

From Illinois:

I'd like to tell you how I came to read DAILY WORD and where.

I was having my teeth extracted and one day while waiting I picked up a copy of DAILY WORD. Idly I glanced through it, and suddenly I realized that this small book contained help, comfort, guidance, and hope. It surely helped me over some rough spots.

I want to thank you and my dentist for this book, and inclosed you will find one dollar for my subscription to DAILY WORD.

If more dentists and doctors would make this book available to their patients a large number of people would be reached.

One day there was a woman in the dentist's office who had a tooth that was hurting her severely. She was so full of pain she was extremely nervous and agitated. She was constantly moving some part of her body and eating ice to deaden the pain. I felt so sorry for her and wished I could

help her. I had a copy of DAILY WORD in my hand so I thumbed through the pages until I found a lesson to fit her state of nerves and handed it to her, asking her to read it, saying that it had helped me. She began reading and shortly she began to relax and by the time she went in to get the tooth out she was calm and relaxed. The Lord surely helps. Thanks for the DAILY WORD.

From California:

When we go vacationing I take my DAILY WORD with me and as usual read it each day. Last summer when we were going on a trip by train that took us overnight, I took my DAILY WORD to read before retiring and the first thing in the morning. The lady behind me said she was a DAILY WORD user but never thought of bringing it with her, and then another lady said the same thing. In a short time we had quite a number of DAILY WORD users talking together, but I was the only one who had my DAILY WORD with me. They all said that from then on they were going to take DAILY WORD with them no matter where they went. When I am finished with my DAILY WORD I generally leave it on a seat in the park where someone else can enjoy its message, perhaps for the first time.

What a great find it is to anyone! It is comfort

in a storm and calm for one's nerves. I am happy to be one of you.

From California:

Last month someone left a copy of DAILY WORD in one of the motel rooms. I glanced at it and picked it up, then looked, then read and placed it on my own night table. In that short time it has given me daily inspiration, but I gave it to a friend in the hospital, and now I miss it. I am inclosing a dollar bill for a subscription. I am most hungry for it.

From California:

I sit in my little yellow rocker in the kitchen every morning, after breakfast, and carefully read what has been written for the day. I look forward to it, for I am amazed to see how each portion fits my needs, my own peculiar case. I do not understand how this can be, for each person is different, and has a different set of circumstances surrounding him. But it seems to me as if it were directed to me alone.

I am eighty-four years old, live alone with my beautiful little dog Lucky. Some days when the days weigh heavily on me, I feel a great spirit of good surrounding me after reading your wonderful words. It is as though a great friend had

drawn near to me, laid His hand on my arm. Even at my age, I have sudden circumstances to face that are entirely unexpected, and I receive great help from your DAILY WORD.

From New York:

I am sending DAILY WORD subscriptions to sick friends. Instead of sending flowers as a gift, I have been ordering this inspiring little booklet. So far everyone who has received it appreciates it more than an expensive gift. I shall continue in this practice.

Editor's Note:

We appreciate the way DAILY WORD is passed along to people who might otherwise never see it or hear of it.

We have confidence in you, our readers, to know who it is in the circle of your family or acquaintances that needs DAILY WORD, and we bless you for seeing to it that DAILY WORD reaches him.

May we remind you that any time you know of persons to whom you should like to introduce DAILY WORD, all you need to do is to send us their names and addresses and we will mail a sample copy of DAILY WORD to them, without cost or obligation to you or to them.

Friday

TODAY MY EVERY WORD AND DEED EXPRESSES MY FAITH IN GOD'S INFINITE LOVE AND POWER.

MY FAITH is a living, vital thing. It sustains me in every situation. It grows in strength as it is exercised, and daily I find new ways in which to express it.

I have faith in God's provision for my healthy body. Therefore, I do not fear illness or disease, nor do I talk about physical weakness.

I have faith in others. I behold the Christ in every person I meet. Therefore, I do not see dishonesty or malice or greed in those with whom I do business.

I have faith in God's law of growth and progress. Therefore, I am not dismayed when my plans do not work out according to my own expectations, for I know that my good will come to me eventually in full measure.

I am not afraid to venture into new fields and strange situations, for what is unknown to me is in God's own kingdom, and my faith tells me that He will guide me safely along unfamiliar paths.

♣ *Stand fast in the faith . . . Let all that ye do be done in love.*—I COR. 16:13.

Saturday

JUNE 2

GOD SATISFIES MY LONGING SOUL AND FILLS MY LIFE WITH HIS GOOD.

"ASK, and it shall be given unto you; seek, and ye shall find; knock, and it shall be opened unto you."

Loving Lord, I have sought for many things in my life, I have knocked on many doors, I have asked and asked and asked again. Now I know that all along my search has been for Thee, that it was the door to Thy kingdom that I have sought, that the real desire of my soul has been to find Thee, to know Thee, to live consciously in Thee.

Now I know that I have but to seek Thee to find thee, for Thou art my very own life; Thou art my breath, my heartbeat. Thou the creator, I the created.

Now I know that I have but to knock and it shall be opened unto me, for Thy kingdom is within me. The only door that has stood between me and Thee has been of my own making.

Now I know that I have but to ask and it shall be given unto me, for in Thee is all supply. Thy love rushes to fulfill my inmost desires. Thou, the giver, givest all to me.

♣ *He satisfieth the longing soul.*—PSALMS 107:9.

Sunday

I PRAISE THE ONE GOD IN ALL RELIGIOUS DENOMINATIONS, AND ASK HIS LOVING BLESSING UPON THEM ALL.

THIS SUNDAY as I worship in the church of my choice, I pause to praise the one God whose presence smiles a loving benediction on every church and every religious gathering. I pause to thank God that there are so many varied religious beliefs suited to meet the various spiritual needs of so many different personalities. I give thanks for the church of my choice, which satisfies my needs, but I never allow myself to feel that everyone else must eventually come around to my way of looking at things. There are as many paths into the kingdom of God as there are persons, and each path is holy.

This day I pray with all my heart and soul that every person, worshiping in his own way, may receive the healing peace of God that he is seeking. I praise the one God in all religious denominations. I pray that every person may find through the religion of his choice the living, healing presence of God.

♣ *Let there be no strife . . . between me and thee . . . for we are brethren.*—GEN. 13:8.

Monday

JUNE 4

I RELAX AND REST IN GOD.

As I read this DAILY WORD lesson I think about my ability to relax. I stop for a moment and close my eyes and say to myself, "I relax and rest in the realization that God is with me."

If I have been tense about anything, I let go of this tension now. I relax and rest in God. If I have been anxious about the outcome of some situation, I bless it now and I say to myself, "I relax and rest in the realization that God is at work in this situation."

If I have been concerned about some dear one I relax my anxious thinking. I remind myself that God is with him, even as God is with me. I relax and rest in the knowledge that God's Spirit can be trusted to bless my dear one in wonderful and perfect ways.

If my body has felt weak or tired, if I need healing in any part, I now relax and rest in the realization that the healing life of God is filling me with newness of life. I relax in the thought that God's perfect healing work is now being done.

♣ *Be still, and know that I am God.*—PSALMS 46:10.

Tuesday

THE DIVINE ORDER OF SPIRIT IS ESTABLISHED IN ALL THAT I DO THIS DAY.

THE divine order of Spirit is established in all that I do this day. Knowing this I do not feel harrassed, rushed, or disorganized. At the beginning of the day I set my standard: I decree and declare divine order. At the beginning of any undertaking I declare divine order. And I am willing to follow through on my decree. I open my mind to new ideas, to new and better ways of doing things. I am willing to change my mind, to follow new paths. I am willing to find and to follow the perfect rhythm of life.

No matter what needs to be done by me this day, I know that I can do it easily and well, that I can accomplish it in the spirit of divine order.

My affirmation of divine order keeps me in tune, keeps me in harmony with life and with my fellow men. When my life flows along in a pattern of divine order, I not only feel the blessing of it, but all those around me are blessed too.

I give thanks that the divine order of Spirit is established in my life and affairs, and that all things are working together for good.

♣ *All things work together for good.*—ROM. 8:28.

Wednesday

JUNE 6

"OH, FILL ME WITH THY PRESENCE, LORD,
THAT LOVE MAY SHINE THROUGH ME
TO QUICKEN THAT SAME PRESENCE, LORD,
IN ALL WHOSE EYES CAN SEE."

THE greater my realization of the presence of God in my life, the greater is my ability to help and bless others.

So in praying for others my first step is to lift up my own thoughts to God, to find and to feel a closeness to His Spirit, to come into His living presence in the quietness of prayer and meditation. Filled with God's presence, immersed in His peace and power, I can reach out in thought and faith and radiate a blessing to others.

I see those in need of healing as filled through and through with the vital, healing life of God. I give thanks that there is no condition beyond God's power to heal. I see those in need of guidance, courage, comfort, or supply as filled through and through with the all-providing love of God. I give thanks that His presence is with them, that His Spirit in them is the perfect answer to every need of their heart, mind, or life.

♣ *I will bless thee . . . and be thou a blessing.*—GEN. 12:2.

Thursday

I DEPEND ON GOD.

I KNOW that I am dependent on God for the food I eat, the air I breathe, the very beat of my heart.

I gladly acknowledge my dependence on God. It is He who built my body, who heals and sustains it. It is He who inspires my heart with courage, my mind with new, useful, and original ideas. It is He who guides me in making wise decisions, who supplies me with love and beauty and daily bread.

Knowing this I am thankful, I am joyous, for I know that nothing can ever separate me from my good. I do not fear loss of health, lack of supply, poverty of ideas, for I know that health and supply come, and have always come, from God. I do not fear age, for God is inexhaustible, radiant life.

To Him I give thanks and to Him I look for continued blessings, knowing that all I am or have is the gift of His love.

I depend on God.

In all thy ways acknowledge him,
And he will direct thy paths.
—PROV. 3:6.

Friday

JUNE 8

THROUGH CHRIST IN ME I AM IN COMMAND OF MY LIFE AND AFFAIRS.

It is possible for all of us to take a positive stand in relation to our problems, if we but realize the strength that is within us, the strength that is ours in Christ. Through Christ we can take command of our lives and affairs, we can gain a greater sense of peace, happiness, and security.

If it seems necessary for us to take some specific action in regard to conditions in our lives, we can trust the Christ within us to guide us in the right way, in the way that is kind and loving. Rather than allow situations to disturb us or to allow feelings of resentment or bitterness to take hold of us, it is better for us to take a positive stand in meeting the affairs of our lives and to follow through on the highest guidance that comes to us.

When wisdom guides our actions and love fills our hearts, we find that our lives move smoothly and all things work together in order and for the highest good of all.

♣ *I can do all things in him that strengtheneth me.* —PHIL. 4:13.

Saturday

GOD'S WILL FOR ME IS ALWAYS BEAUTIFUL, HARMONIOUS, AND GOOD.

THERE IS no evil in the will of God. It is not God's will that you should suffer sickness, difficulties, or death. God is love, a loving Spirit, and it is His will that you be happy, whole, and filled with life and peace.

The only thing that God takes from you when you surrender to Him is any limitation or obstacle that stands in the way of your good. So never be afraid to say "Thy will be done." When you say "Thy will be done" you are giving the go-ahead signal for all the healing forces in the universe to begin their harmonizing activity in you.

When you give yourself and your needs over to God, asking that His will be done, you are asking that the divine will mold you and your world into His perfect likeness. There is only good for you in the will of God.

God's will for you is always beautiful, harmonious, and good, for you are His beloved child, created in His image and likeness. His blessings are poured out upon you always.

♣ *Thy kingdom come. Thy will be done in earth, as* it is *in heaven.*—MATT. 6:10 (A.V.).

Sunday

JUNE 10

I AM CHEERFUL.

I AM cheerful because I know in whom I have believed. God is all-powerful and His law is love. His plan is good and more good forever. I refuse to discuss or dwell on matters of ill report. I look for the light of God in all situations, the likeness of God in all persons.

When problems arise, I refuse to be alarmed. I turn to the Bible and reread the stories that tell of the triumph of faith over fear. I rejoice in the comforting, power-filled words of Isaiah: "Fear thou not, for I am with thee; be not dismayed, for I am thy God; I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness."

Nothing is hopeless in the eyes of God. Divine wisdom knows the perfect solution to every problem. In this conviction I let go of every disturbing thought and emotion. I make myself a clear, receptive channel through which divine power may flow to adjust and to perfect whatever concerns me.

♣ *Rejoice in the Lord always: again I will say, Rejoice. Let your forbearance be known unto all men. The Lord is at hand. In nothing be anxious.*—PHIL. 4:4.

Monday

I WILL SET A WATCH ON LIPS. I WILL SPEAK ONLY POSITIVE WORDS.

OUR WORDS set into action a tremendous power that shapes our lives and affairs. Our words are often fulfilled with a promptness and accuracy that seems almost disconcerting.

In the realization that my words are powerful instruments for the shaping of my world, I will set a watch on my lips today. I will speak only positive words. I will speak only of conditions I want to see established in my life.

I will eliminate from my vocabulary the dark words of disease and unhappiness, the stingy, little words of failure and lack, the harsh words of argument and strife, the sharp words of anger and condemnation.

I will fill my life and my world with shining words of love and happiness, gentle words of peace and good will, vital words of health and strength, rich words of prosperity and success, inspirational words of forgiveness and faith, blessed words of comfort and joy.

♣ *Thou shalt also decree a thing, and it shall be established unto thee.*—JOB 22:28.

I Am the Vine

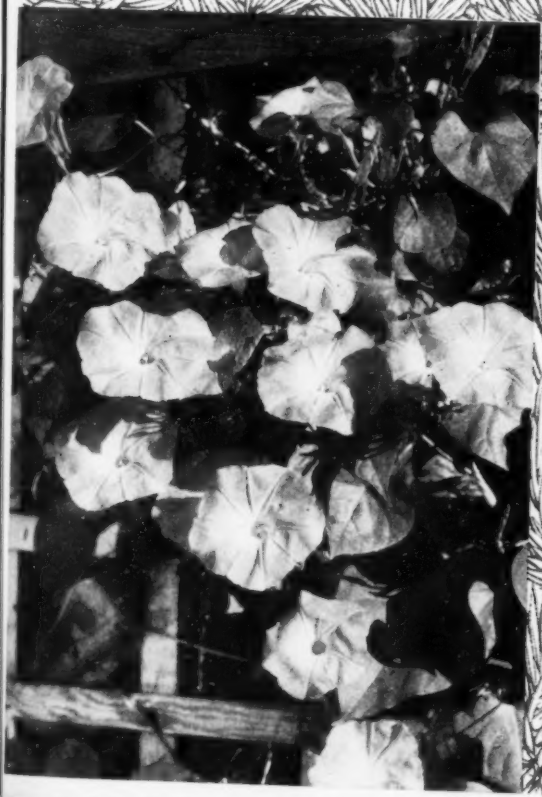
PAULINE MOORE MACHAMER

Who has not seen the morning-glory glow
With radiant beauty in the early dew,
Covering a humble house or shabby row
Of fence posts with the brilliance of its hue?

Who has not picked the fair but fragile flower,
Examining with wonder its design,
Only to find it fades within the hour,
Unable to exist without the vine!

So blooms my life in Thee and Thine in mine,
O Lord of all things given breath and birth.
Sustained by Thee, the everlasting vine,
I am sent forth to bless the barren earth,

To bring forth beauty, holiness, and peace,
Fruits of the Spirit, joy and love divine.
Let me abide in Thee and never cease
To recognize in Thee the one true vine.



Tuesday

JUNE 12

I AM FREE IN CHRIST.

I AM FREE in Christ. I am free from the lacks or limitations of the past; I am free from negative thoughts and beliefs; I am free from unhappy feelings or emotions.

I am free in Christ. I am free to face this day with a happy heart, a courageous spirit, an open mind. I am free to follow the Truth as it is revealed to me; I am free to grow and unfold. I am rooted and grounded in God's Spirit, I am nourished and fed by His substance; I am blessed and made beautiful by His love.

I am free in Christ. I am not bound by time or space; I am not bound by the opinions or thoughts of others; I am not bound by environment or circumstance. I am free in Christ to live; and I accept my freedom this day.

I am free. I rise to new levels of thinking; I soar to new heights of prayer; I go forward to new successes and achievements.

I am free in Christ; I am alive in Christ; I am inspired and lifted up in Christ. I am free with the freedom of Spirit.

♣ *If therefore the Son shall me you free, ye shall be free indeed.*—JOHN 8:36.

Wednesday

WITH EVERY PASSING MOMENT THE SPIRIT OF CHRIST IN ME IS UNFOLDING NEW BRILLIANCE IN MY MIND, NEW BEAUTY IN MY CHARACTER, NEW LIFE IN MY BODY.

WITH every passing moment the radiant Spirit of Christ in me unfolds more of its perfection throughout my being.

With every passing moment my mind is filled with new inspiration from God's indwelling, infinite wisdom.

With every passing moment my faculties are quickened and heightened with greater sensitivity of performance.

With every passing moment the transforming beauty of Christ finds greater expression through my personality and character.

With every passing moment the cells of my body take on more and more of the incorruptible substance of the Christ life.

With every passing moment the indwelling light of Christ shines with greater power through my being.

With every passing moment I am renewed in Christ.

♣ *Christ in you, the hope of glory.*—COL. 1:27.

Thursday

JUNE 14

I AM DILIGENT.

I DO diligently whatever tasks my hands find to do. Though it may not be the task I would have chosen, I remember that willing hands are the hands of God. I am happy to serve Him in whatever work He wants done.

I do not envy those who are more successful or gifted than I. They serve life in their way, but my way is equally important. God has need of many hands. He needs them in many places, at all hours of the day and night. There is beauty and dignity in all work that is done with love.

Today I dedicate my hands to God's service. I see them as strong, blessed, inspired instruments of His love and mercy. I see them as beautiful, capable, healthy, whole. In every task, intricate or simple, they operate under divine guidance, by divine commission.

I bless and give thanks for the work of my hands. I am diligent, I am faithful, I am successful in all that I undertake.

♣ *And the Lord thy God will make thee plenteous in every work of thine hand, in the fruit of thy body, and in the fruit of thy cattle, and in the fruit of thy land.* —DEUT. 30:9 (A.V.).

Saturday

JUNE 16

Friday

I HAVE A THANKFUL HEART, AND I PRAISE GOD FOR EVERY BLESSING THAT COMES TO ME.

I BEGIN each day with a prayer of thanksgiving and praise. When I am thankful to God, I am lifted out of fear into faith and trust. So, I make it a habit of my heart to turn to God and give thanks to Him for every good.

If I find myself worrying about my troubles, I let thanksgiving and praise renew me. I turn whatever seems difficult over to God and leave it with Him, rejoicing that nothing is too difficult for Him to solve.

Upon retiring at night, I count my blessings. I praise God for His love, mighty in the midst of me. I praise Him for health of body and peace of mind. I praise Him for harmony and success in my life and affairs. I know that thanksgiving and praise increase my capacity for happy living and open the way for more of God's wondrous good to be poured out upon me.

And my mouth shall praise thee with joyful lips;
When I remember thee upon my bed,
And *meditate on thee in the night-watches.*
—PSALMS 63:5, 6.

Saturday

JUNE 16

I DO NOT GOSSIP ABOUT MY NEIGHBOR: I REMEMBER THE WORDS OF JESUS, "HE THAT IS WITHOUT SIN AMONG YOU, LET HIM FIRST CAST A STONE."

THIS DAY I resolve that I shall not speak in a derogatory manner about my neighbor. With God's help I will not cast stones at others. Every time I am tempted to say something that could possibly hurt another's reputation I put a seal upon my lips. If I can say nothing good, then I will say nothing at all.

I constantly remind myself that until I no longer make mistakes, I am in no position to condemn others because they make mistakes. I remember the Golden Rule and say about others only what I would want them to say about me in a similar circumstance.

Every person has much goodness in him, for God Himself is the life in all. Instead of dwelling on those things of which I do not approve, I look for the good qualities in others and think about them and talk about them. I do not cast stones at my neighbor; I help him.

♣ *Judge not according to appearance, but judge righteous judgment.*—JOHN 7:24.

JUNE 17

Sunday

THE LIGHT OF GOD SURROUNDS US;
THE LOVE OF GOD INFOLDS US;
THE POWER OF GOD PROTECTS US;
THE PRESENCE OF GOD WATCHES OVER US;
WHEREVER WE ARE, GOD IS.

ALL OF us who read DAILY WORD, who pray together can do much to help prevent accidents. Let us think of the light of God as surrounding all those who are traveling unfamiliar paths. Let us know that God is guiding them safely and surely along their way, let us know that God is inspiring them with wisdom and good judgment.

Let us give thanks that the love of God is expressed through all who drive cars as courtesy and consideration for the rights of others.

Let us give thanks that all who travel the highways, the byways, the airways, the seaways are in the presence of God, that they feel His protecting power, that they are filled with confidence, that they are blessed with a happy spirit, that they meet only good experiences in their journeys.

Whither shall I go from thy Spirit?
Or whither shall I flee from thy presence?
—PSALMS 139:7.

Monday

JUNE 18

THE WISE AND LOVING SPIRIT OF GOD THINKS THROUGH ME, SPEAKS THROUGH ME, ACTS THROUGH ME.

IS THERE some situation in my life that must be met? I will not worry or fret about it, but I will give thanks that the wise and loving Spirit of God thinks through me, speaks through me, and acts through me.

I will not allow myself to fall into an indecisive state of mind; I will not allow my thoughts to become distracted and confused. I will keep a steady and certain state of mind by keeping close to God in prayer, by knowing that through His Spirit in me I have the wisdom to decide rightly in any matter; that through His Spirit in me I have the power and the ability to meet and handle any situation lovingly and successfully.

As I allow the wise and loving Spirit of God to think through me, speak through me, and act through me, I will use love and good judgment in handling all my affairs.

There is a spirit in man,
And the breath of the Almighty giveth them understanding.

—JOB 32:8.

JUNE 19

Tuesday

I HAVE FAITH IN GOD AS LOVE AND JUSTICE.

I HAVE faith in God as love and justice. In any circumstance where there seems to be injustice, I will keep faith in God's justice. I will know that in spite of appearances, injustice cannot triumph.

In praying about some situation where thoughts of injustice, bitterness, or condemnation have dominated, I will hold to the idea of love, divine love. I will know that divine love is the perfect answer to any injustice, that divine love dissolves bitterness, that divine love releases all thoughts of condemnation. I will hold to the thought of divine love, and I will know that only good can be forthcoming.

I have faith in God as love and justice; and I have faith in His Spirit in mankind to set into operation the principles of love and justice. I keep faith in His Spirit in men; and I stand by my faith. I know that His Spirit cannot fail; therefore I know that mankind cannot fail to come into a consciousness of justice and peace greater than the earth has ever known.

♣ *Have faith in God.*—MARK 11:22.

Wednesday

JUNE 20

"GOD IS LIFE, THAT LIFE SURROUNDS YOU,
IN THAT LIFE YOU SAFELY DWELL,
'TIS ABOVE, BENEATH, WITHIN YOU,
LIFE IS YOURS, AND ALL IS WELL."

THINK about these words as you think about all the people in the world who at this moment are praying to be well again. If there is someone close to you, for whom you are praying, say these words over and over for him.

Perhaps the greatest blessing we can give another is our faith in the presence and power of God with him, wherever he is. When we pray for another in the realization that he is one with God, that wherever he is God is, we bridge time and space and the separateness that we sometimes feel as human beings. We realize our oneness with our dear ones, with all other persons, our oneness in Spirit, and from this realization of oneness we speak words that carry life and healing.

"Speak to Him thou, for He hears, and Spirit
with Spirit can meet—
Closer is He than breathing, and nearer than
hands and feet."

♣ *Pray for one another, that ye may be healed.*—JAMES 5:16.

JUNE 21

Thursday

I AM A NEW CREATURE IN CHRIST.

I LOOK at my world with new eyes; I look at my life with new understanding. I look at myself in the mirror and say to myself, "You are new! Today is new! Life is new!"

I see all things as if for the first time; and I see them with the eyes of love and appreciation. I look out on God's world and breathe a prayer, "Thank You, God, for a world made new, thank you, God, for the wonderful, beautiful world in which we live!"

I look at my family, my friends, my co-workers with new insight. I see them as God's children and I bless them in the thought that they are new, that life for them is beginning new and fresh this moment.

I view myself, my objectives, my needs, my desires with a new spirit. I say to old thoughts, old habits, and old limitations, "You are no more a part of me. I am new in God. I stand on new ground, I think new thoughts, I have become a new creature in Christ."

I am new! Today is new! Life is new!

♣ *Put on the new man, that after God hath been created in righteousness.*—EPH. 4:24.

Friday

JUNE 22

GOD HAS GIVEN ME EVERY QUALITY OF MIND AND HEART THAT I NEED IN ORDER TO CLAIM PROSPERITY.

PROSPERITY includes the qualities that make us liked and wanted by others. It includes the skills that make us helpful and needed. It includes the calmness of mind and the serenity of heart that enable us to think through any situation intelligently so that we can meet it lovingly and wisely. It includes faith in God's providing Spirit, working with us and within us. It includes the health that is ours from God, the strength and vitality with which we meet life.

When we are in need of more prosperity, it is well to take inventory of all the departments of our lives, not merely the state of our pocketbook. Prosperity is the result of releasing more of ourselves into life. God has given us every quality of mind and heart that we need in order to claim prosperity. As we call on His Spirit in us, we will stir up the gifts of power, life, energy, and intelligence that He has given us, and in so doing we will invite prosperity into our lives.

✤ *Stir up the gift of God, which is in thee.*—II TIM. 1:6.

in righteousness.—EPH. 4:24.

JUNE 23

Saturday

I AM HAPPY IN THE REALIZATION THAT THE CHANGELESS SPIRIT OF GOD WITHIN ME IS GUIDING ME THROUGH EVERY EXPERIENCE.

MY HAPPINESS is not determined by circumstances. My happiness comes from the realization that the loving presence of God is within me and around me, guiding me safely through every situation.

I do not allow my thoughts and feelings to rise and fall with changing circumstances, but I keep myself poised and centered in the realization of God's changeless, healing presence forever infolding me.

In the appearance of sickness, I calmly look past the appearance and behold God's perfect life. I remember the divine plan of perfection that lies beneath the surface of things.

Though it may seem that my world is going through upheaval and change, I stand centered and poised in the changeless presence of God. I rejoice in Him, for He is my strength.

I will rejoice in Jehovah,
I will joy in the God of my salvation.
Jehovah, the Lord, is my strength.
—HAB. 3:18, 19.

Sunday

JUNE 24

FATHER-GOD, LIVE THROUGH ME TODAY.

FATHER-GOD, live through me today. Let Your Spirit shine through me to all the world. Let me be a radiating center for Your love, Your power, Your wisdom. Let me be a channel for Your rich blessings.

Father-God, live through me today. I open my mind and heart, my entire being to you, so that I may know and feel Your eternal presence. The vibrant current of Your life flows through me, blessing every thought of my mind, every fiber and cell of my body.

Father-God, live through me today. I open every channel of expression so that Your fulfilling life may flow through me. I open my mind so that You may think through me, and speak through me. I open my heart so that You may love through me. I open my hands so that You may give through me. I open my understanding so that You may forgive through me.

Father-God, live through me today, give through me today.

♣ *Know ye not that ye are a temple of God, and that the Spirit of God dwelleth in you? . . . the temple of God is holy, and such are ye.*—I COR. 3:16, 17.

Monday

I HAVE AN OPEN MIND AND A SPIRIT THAT IS RECEPTIVE TO MY GOOD.

I MAKE of my mind an open vessel into which God can pour His rich ideas. I yield my spirit to His inspiration and guidance.

All about me are opportunities for growth and service. I will not miss taking an active part in life through resistance to new ideas and new ways of doing things. I avail myself of every opportunity for growth by keeping my mind open and flexible and my spirit receptive.

I do not limit my achievement. I do not concern myself about the outcome of any undertaking. I do not shrink or withdraw from whatever presents itself to me to do. Every opportunity finds me eager and ready to serve in a larger, more generous way.

I rejoice that God has prepared me in mind and spirit to go forward confidently and courageously to greater achievement. I remember at all times that it is not I who work but God in me. I do all things to His glory.

♣ *He that doeth the truth cometh to the light, that his works may be made manifest, that they have been wrought in God.*—JOHN 3:21.

Tuesday

JUNE 26

THE FORGIVING LOVE OF GOD SETS ME FREE FROM PAST MISTAKES. I LIVE JOYOUSLY AND TRIUMPHANTLY TODAY.

IF YOU have formed the habit of self-condemnation, you need to accept God's loving forgiveness and begin anew. You can wipe out the memories of past mistakes by resolving to live joyously and triumphantly today.

When you pray center your attention on the love of God. As you do this His love flows into your mind and heart, easing any tension or strain. Peace infolds you, and unforgiving thoughts are erased from your mind. Just as true forgiveness is accepted by you, so are you able to forgive others their transgressions and to forget old hurts or injuries.

When you put the substance of your thought on going forward instead of looking backward, your ability to forgive and forget past mistakes is increased. A new life in Christ is open to you, one filled with countless opportunities for joyous achievement.

♣ *Forgetting the things which are behind, and stretching forward to the things which are before.*—PHIL. 3:13.

Wednesday

I CAN BE HEALED.

IF I have a healing need, I wll remind myself over and over that I can be healed. This is the beginning of faith. Just to believe that I can be healed is to take a step toward the desired wholeness.

It does not matter what the diagnosis is, nor what the symptoms are, I can be healed! I can be healed because I have the life of God in me. I can be healed because my body is not unyielding matter but composed of pure, ever-renewing spiritual substance.

I remind myself again and again that I can be healed. I can be healed through God's power. I can be healed through His love. I can be reborn through His Spirit. I can be healed because I am God's child, created in His image and likeness. I can be healed because I am one with God, and nothing is impossible with Him. I can be healed because God's will for me is life. I can be healed because He who created me is with me, a mighty restoring power.

I can be healed!

♣ *Then shall thy light break forth as the morning, and thy healing shall spring forth speedily.*—ISA. 58:8.

Thursday

I AM KIND, THOUGHTFUL, AND GRACIOUS IN ALL MY DEALINGS WITH MY FELLOW MEN.

LOVING Father, I pray today for a greater spirit of kindness. I pray for an understanding heart in dealing with others.

Help me, Father, never to lose the human touch, to remember always that no matter how high in consciousness my thoughts may ascend, I have been placed on this earth to translate Thy holy revelations into words and deeds of loving-kindness.

Quicken my heart with the Christlike compassion that goes out of its way to comfort, to cheer, to encourage. Help me to realize that time taken out of my busy schedule to lighten the burden of others is never lost, that my willingness to help others returns to bless me. I pray not only for the ability to perform all my tasks with ease, but for the ability to express Thy Spirit in greater measure.

Father, I would be kind to others, remembering always that inasmuch as I do it unto "*even* these least" I do it unto Thee.

♣ *Be ye kind one to another, tenderhearted, forgiving each other.*—EPH. 4:32.

Friday

TODAY I GIVE THANKS TO GOD FOR THE SPIRIT OF TRUTH, THE COMFORTER WHO ABIDES FOREVER.

MOST OF us have occasional periods of doubt and depression when we lose our perspective and poise and the way before us seems confused. What a blessing we receive at such a time when in the stillness of prayer we find the Comforter abiding within us, even the Spirit of truth!

Perhaps without problems and disappointments we might never fully know and appreciate this Comforter who reveals to us in our hour of need the Truth of God's plan for His children.

When our affairs move forward smoothly and easily we may almost forget the presence of the Comforter within us. It is when we are fearful or saddened by loss or disappointment that the Spirit of truth opens doors by which we enter into the warmth and light of new understanding. We are able to rise out of even the most trying experience and go forward into a fuller, more abundant life than we have known before.

♣ *They that mourn . . . shall be comforted.*—MATT. 5:4.

Saturday

GOD BLESSES ME WITH CALM EMOTIONS, RENEWED STRENGTH, AND QUICKENED FAITH.

WHEN I go to the loving Father for help in any need His Spirit prepares me for my highest good by calming my emotions. Hurt feelings are soothed, anger is dissolved, discouragement turns to faith, and all negative emotions are quieted and tuned to God's own harmony.

As I wait on God His Spirit renews my strength. New vigor flows through my veins, new ideas come to my mind, and new opportunities open before me. I seem literally to renew my strength, I can "run, and not be weary," and I find myself mounting to new levels of understanding and achievement.

Even as I enter the silence of prayer, I feel my faith made strong, and I know that my prayer is heard, that help is on the way before I speak a word. I thank and glorify the understanding Father who blesses me so richly in my time of need. I praise Him for the Spirit of truth that guides me into all truth.

✤ *Bless the Lord, O my soul, and forget not all his benefits.*—PSALMS 103:2 (A.V.).

Father's Day Gifts

* *Good Business* magazine—shows how Christian principles have helped men and women succeed in the workaday world. $1 a year for twelve issues. * *Prayer in the Market Place*—a book of especially helpful articles taken from *Good Business* magazine. $1 a copy. * *Working with God*—a book by Gardner Hunting that has been especially interesting to men. The author has proved its teaching in his own life. $1 a copy.

A Gift for High-School Graduates

The June issue of *You* magazine offers several features to help high-school graduates. In "What Are You Cut Out to Be?" James A. Decker discusses problems the graduate faces and tells how to let God reveal His divine pattern. In "First Car," by Helen L. Renshaw, a young graduate named Hank learns that some things are more important than the new car that he wants. In "Commencement—To What?" Elma Waltner makes helpful suggestions for those who need a little more time to decide what direction they will take.

Each month *You* magazine offers timely, interesting, and helpful features. A full year's subscription is $1.

AN ACT OF FAITH

Often before our prayers are answered we seem to be required to take some step that proves our faith. If you have a prayer that seemingly has not been answered, you will want to read the article "Act of Faith," by James A. Decker, which appears in the June 3 issue of *Weekly Unity*.

Mr. Decker gives examples of actual experiences that others have had where such an act of faith was required and seemed to open the way for their prayers to be answered. An experience Myrtle Fillmore had is included. In one experience, tithing proved to be the act of faith required. In another, removing from a personal key ring the keys for the house that was long unsold seemed to open the way for a profitable sale.

If you do not now receive *Weekly Unity*, perhaps you would like to add its simple but powerful teaching to your Unity reading. Each week it offers inspiring articles, poems, a column by Lowell Fillmore, and other helpful features. *Weekly Unity* will come to you fifty-two times a year for only $1. Be sure to ask that your subscription begin with June 3 so that you can read Mr. Decker's helpful article.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

New WEE WISDOM Feature Is Popular

"Our children love your new pages in *Wee Wisdom* called 'My Daily Word with God,'" writes a Unity friend in California. "These few lines, read before school or play each day, have helped them so much in their problems and in understanding the problems of others."

Unity has received many such letters praising the new daily prayers for children based on the thought of each day's DAILY WORD lesson. *Wee Wisdom* also offers many other helpful features such as character-building stories, poems, puzzles, and things to do. Here are two of the stories that the June issue contains:

"The Indians Are Coming!" Mary-Alice Kelly tells what happens when Indians come to the log-cabin home of two pioneer girls after their father has gone for supplies. "Teasy Tucky Turtle" is one of Georgia Tucker Smith's delightful and popular read-aloud rhymed prose stories.

Wee Wisdom makes wonderful vacation reading for boys and girls, and a full year's subscription is just $2 (12 issues).

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

"BLESSED IN A WONDERFUL WAY"

"I have been blessed in a wonderful way," writes a Unity friend in the British West Indies, "since I started using the Prosperity Bank. My salary is raised and I have received quite a few pounds back pay. I thank God for His help."

Wherever you live, the Prosperity Bank plan can help you. The seven-week prayer drill includes saving a coin a day and helps you look to God for your supply. Sharing DAILY WORD with others opens the way for more good to come to you. Use the coupon to order your Bank and see how you can be helped.

Unity School of Christianity, Lee's Summit, Mo.

Here is my order for three DAILY WORD gift subscriptions and a Bank in which to save the $3 cost of these subscriptions.

1. Name _____
   Street _____
   City _____ State _____
2. Name _____
   Street _____
   City _____ State _____
3. Name _____
   Street _____
   City _____ State _____

SENDER'S NAME _____
Street _____
City _____ State _____

Please indicate postal zone number, if cities are so divided. D-6-56

THE UNITY SUMMER DEMONSTRATION PROGRAM

Each year thousands of Unity friends find new good in their lives through taking part in the Unity Summer Demonstration Program. Joining in this program can show you how to solve your problems by spending a little time each day in learning how to put Truth to work in your life.

New Book by Myrtle Fillmore

Unity has brought out a new book by Myrtle Fillmore especially for this year's summer program. *How to Let God Help You* is its title, and the material it contains can give you definite spiritual help.

To join in the Unity Summer Demonstration Program, all you need is the new book *How to Let God Help You* (price $1 a copy) and the free guide booklet that accompanies it. There is still time to send for your copy of the new book and the free guide, and to join in the Unity Summer Demonstration Program this year.

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

Walking Is a Prayer

J. SIG PAULSON

Walking is a prayer.
I love to walk in the morning—
to swing my arms and stretch my legs;
to fill my lungs with sweet, rich air.
Sometimes when I'm walking
I leap up with joyous shout
and, touching earth again, feel
that I could spin this living globe about
beneath my feet.

Walking is a prayer.
I love to walk, for then I find
that all heaviness has fled my mind,
and it is easy to bare
my thoughts and heart to God.
It's not hard to talk with Him
when I'm walking in His garden.

out